

# Additional National Resources

## National Domestic Violence Hotline

1-800-799-SAFE (7233)

1-800-787-3224 (TTY)

Text "START" to 88788

Online live chat available

<https://www.thehotline.org/>

24/7 confidential, toll-free hotline that provides crisis intervention, DV education, safety planning, and connects victims to local shelters. Provides referrals and a search to providers in all 50 states, Puerto Rico, Guam, and the U.S. Virgin Islands. 200+ languages.



## Love is Respect

1-866-331-9474

800-787-3224 (TTY)

Text "LOVEIS" to 22522

Online live chat available

<https://www.loveisrespect.org/>

A project of the National Domestic Violence Hotline specifically aimed to support teenagers and young adult relationships. Provides 24/7 information, support, and advocacy for those who have questions or concerns about their romantic relationships.



## DomesticShelters.org

<https://www.domesticshelters.org/>

Offers a comprehensive directory of domestic violence shelters and programs in the U.S. and Canada. Also provides resources for identifying abuse and healing.



## **WomensLaw.org**

Online Email Hotline available

<https://www.womenslaw.org/>

Provides plain-language explanation of state laws including protective and restraining orders, child custody laws, and legal rights for survivors of abuse. Connects individuals with resources, support services, and legal assistance tailored to specific needs.



## **StrongHearts Native Helpline**

1-844-7NATIVE (1-844-762-8483)

Online live chat available

<https://strongheartshelpline.org/>

Offers 24/7 culturally-appropriate support and advocacy for Native Americans and Alaska Native victims. Provides referrals to Native-centered domestic and sexual violence service providers, crisis intervention, and personalized safety planning.



## **Rape, Abuse & Incest National Network**

1-800-656-HOPE (4673)

Online live chat available

<https://rainn.org/>

Offers 24/7 national hotline and online chat for survivors of sexual violence. Provides resources on navigating the recovery process, understanding legal options, and finding local support services.



## **The Network/La Red**

617-742-4911

800-832-1901 (Toll-Tree)

<https://www.tnlr.org/>

24/7, confidential hotline that provides emotional support, information, referrals, safety planning and crisis intervention for LGBTQ+ individuals. Offers a Housing Pathways Program with transitional housing and telephone-based support groups.

